FROM THE ACTING PRINCIPAL

Active After School: We began Active this week and the students really enjoyed both skipping and cycling. Thank you to all of the parents who brought their children’s bike to school, we had a great response!

Tree Planting: We had an excellent afternoon yesterday planting Banksias and Grevilleas in our Environmental Centre. Overall the children planted, put weed matting around and mulched 90 trees! Well done everyone and a huge thank you to Clare, Wyn and Barbara from Baynton Sidonia Landcare Group. They gave the children a lesson on the importance of planting trees and all of the positives trees have for the environment.

Aquarium Visit: Forms have been distributed today for our Aquarium visit. Please fill these in and return. Our visit has been heavily subsidized by Terrico. One of the company directors is Andrew Mertens and we thank them for their contribution.

Parent Surveys will be distributed this week. The parent survey assists us in understanding how parents view the school and our performance. Distribution is chosen randomly through a computer generated list. If you are chosen please fill in the survey and return to school before August 8th.

Disco: The S.R.C. is holding a Disco this Friday night. I will be supervising the Disco and children will stay indoors at all times and parents will need to collect their child from inside the break out space. We will have games and lollies, party pies, sausage rolls and drinks will be on sale. All monies raised are to support the Red Shield Appeal.

Dates to Remember

JULY
- Wednesday, 30th: Parent/Student/Teacher Interviews
- Thursday, 31st: Due Date—Book Club orders and payment
- August
- Friday, 1st: Follow up Head Lice Checks
- Monday, 4th: AASC—Skipping
- Tuesday, 5th: AASC—Bike Riding
- Wednesday, 6th: School Council—6:00pm
- Friday, 8th: Due Date for Parent Surveys
- Tuesday, 12th: Due Date for Excursion permissions & payment
- Friday, 15th: Excursion to Melbourne Aquarium
- Friday, 22nd: Enviro Day
- Monday, 18th—Friday, 22nd: Book Week
- Friday, 22nd: Book Week Parade
- Monday, 25th—Friday, 29th: Somers Camp
- Wednesday, 27th—Friday, 29th: Grade 3/4 Cluster Camp

Thanks,
Sally Gill, Acting Principal.

Attachments
- Parenting Ideas Newsletter
- Receipts for some families
- Permission form—Melbourne Aquarium Excursion
THANK YOU

To Mathew and Regina Bennett for cooking the sausages for Sausage Sizzle today and providing the fruit.

SAUSAGE SIZZLE

The Sausage Sizzle is every Wednesday. Students can purchase a barbeque lunch for $3.00 (sausage in bread, drink and fruit). Extra sausages can be purchased for $1.00 each. There is no option to not have fruit or a drink.

Prices per student are as follows:
1 sausage in bread + drink + fruit = $3.00
2 sausages in bread + drink + fruit = $4.00

WEDNESDAY:

<table>
<thead>
<tr>
<th></th>
<th>Cooking</th>
<th>Fruit</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 6th</td>
<td>K. Munro</td>
<td>—</td>
</tr>
<tr>
<td>August 13th</td>
<td>SRC</td>
<td>—</td>
</tr>
</tbody>
</table>

Thank you to all those who have offered to assist with cooking the sausages. Fruit is required for the next couple of weeks, if someone would like to donate something. All proceeds from the Sausage Sizzle subsidise excursion costs for all families.

Thank you for your support everyone.

S.R.C. REPORT

The SRC have decided to hold a DISCO. The disco will raise money for the Red Shield Appeal. It will be held on Friday August the 1st from 6:30pm to 8:30pm and Ms. Gill will supervise. Entry is $2 and there will be drinks, lollies and party pies for sale. Invite your friends!!! Everyone is welcome!!

FARM HANDS

Zoe and Tim are the Farm hands this week. Well done and thank you!

WEEKLY AWARDS

Principal’s Award: Chelsey for her efforts during Enviro Studies.
Class Award: Daniel for his consistent effort in class.

THIS WEEK’S VIPs

Mitchell and Jorja are the V.I.P’s this week. Thank you very much!

FARM HANDS

Zoe and Tim are the Farm hands this week. Well done and thank you!
**HEAD LICE CHECKS**
As there were head lice found last week, there will be another check this Friday, August 1st.

**MELBOURNE AQUARIUM EXCURSION**
As part of the term theme ‘Ocean’ we will be heading to the Melbourne Aquarium mid-term. The excursion will be on **Friday the 15th of August**. Like last year we will be getting the train to and from the city. Students will be required to be at the **Kyneton Railway Station at 8:00am** and will be ready to be collected from the station at 4.30pm when the train returns. The cost for the excursion is $10 per student, a discounted rate as a result of donations. This cost covers train fares along with entrance to the Polly Woodside Tall Ship and the Melbourne Aquarium. Students are required to wear full school uniform and bring their lunch with them packed in their school bag – there will be no opportunities to purchase lunch on the excursion. A visit to the Aquarium really consolidates the learning about Oceans at school this term and we really encourage all students to attend.

**Important Details:**
- **Date:** 15/08/2014
- **Cost:** $10.00 per student
- **Drop Off:** 8:00am @ Kyneton Station
- **Pick Up:** 4:30pm @ Kyneton Station
- **Required to bring:** Full school uniform (plus a coat/jacket) and a packed lunch/snacks/drink bottle.

*Permission forms are included with the newsletter today.*

**BOOK CLUB**
A reminder that orders (with money enclosed) are due back at school tomorrow (Thursday, August 31).

**SCHOOL LUNCH DAYS**
We continue to encourage students to have healthy lunches at school. Foods such as salad sandwiches, wraps, salads and quiche are recommended as every day foods. Foods such as pies, sausage rolls and pizza are recommended as sometimes foods. The days for heating food for Term 3 are as follows:

- **Thursday** - Food may be heated in the oven.
- **Friday** – Toasties [School Captains will toast the children’s sandwiches].

Please do not send foods that require boiling water to be added as this is a safety issue for staff and students. We are unable to microwave any food.

**GRADE 3/4 CAMP**
The Cluster Grade 3/4 Camp will be held from Wednesday, August 27th to Friday, August 29th. The School Council has resolved to subsidise the cost by $60.00 for each child. Subsequently the total cost for families is $150.00. If you would like to start a payment plan for the camp, please speak to Sally or Joyce.

**PARENT/STUDENT/TEACHER INTERVIEWS**
The Parent/Student/Teacher Interviews are continuing today and tomorrow afternoons.

**EDUCATION MAINTENANCE ALLOWANCE:**
The Education Maintenance Allowance (EMA) is provided by the Victorian Government to lower-income families to help with education-related costs. If you have a child under 16, and you hold a valid Health Care Card, Pension Card, or are a temporary foster parent, you may be eligible to receive the EMA. The second instalment will be paid in August. The payment is intended to assist with education-related costs such as; uniforms, excursions, textbooks, and stationery. You can elect to have your EMA paid in one of the following ways:
- Paid by direct deposit (Electronic Funds Transfer) into your own nominated bank account; or
- Paid to the school to be held as credit which you can use towards education expenses; or
- Paid by cheque which will be posted to the school for collection.

**How to Apply:** Please contact the school office to obtain an EMA application form.

*Parents who received the first instalment EMA payment through this school don’t need to lodge another EMA application form to receive the second instalment payment.*

**Closing Date:** You need to obtain an EMA application form* from the school office and return by **Friday, 1 August 2014**.


**JUNIOR GIRLS COME ON DOWN TO KYNETON SHOWGROUNDS FOR SOME FUN FOOTY SKILLS & DRILLS**

Kyneton Football Netball Club is holding a JUNIOR GIRLS FOOTBALL CLINIC. We would like to invite GIRLS to our training/session on

**Friday 1st August 2014**
4pm - 5:30pm
Kyneton Show Grounds
Ages 8 – 12
REGISTRATION AT 4PM
BBQ at end of training session

Contact Denise on 0402 521 366 or Coach Craig Rooth on 0403 222 870

Also available for questions/discussions on the fabulous pathways for Youth Girls Football: will be a couple of our Youth Girl Footbollers who have participated in Vic State Squad, Ballarat Rebels Academy, Inters League Competitions
THE GREAT BOOK SWAP
Do you have any books your children loved but are no longer reading? To celebrate Indigenous Literacy Day on Wednesday 3 September, our school is participating in the Great Book Swap.
We are asking families to bring in any pre-loved books along with a gold coin donation. Ideally books should be not just an unwanted item but a book that you think someone else would enjoy as much as your child did.
An initiative of the Indigenous Literacy Foundation, funds raised will support improvement of literacy development of Indigenous children in remote and isolated regions of Australia.

THE KIDSAFE VICTORIA ‘NO HELMET NO RIDE’ COMPETITION
Does your child like to draw, make videos or ads? Kidsafe is running a competition to help promote the importance of wearing helmets.
‘No Helmet No Ride’ is an initiative of KidSafe Victoria and is a state wide competition promoting the importance of wearing helmets when riding a wheeled device. The competition is free and entries close on 12 September.
Your child can enter the competition in one of the following categories:
  o Make a video: Prep – Grade 3
  o Make a video: Grade 4-6
  o Make a radio ad: Prep – Grade 3
  o Make a radio ad: Grade 4-6
  o Create an illustrated story: Prep – Grade 3
  o Create and illustrated story: Grade 4-6

PARENT/STUDENT/TEACHER INTERVIEWS
The Parent/Student/Teacher Interviews are scheduled continuing today and tomorrow afternoons.

Redesdale Community Fundraiser
ROCK ‘N’ ROLL DANCE NIGHT
With
THE HUBCATS

Beer, Wine & Soft Drink available at Pub Prices;
BYO Spirits

When: Saturday 30th August
Where: Redesdale Hall
Starts: 7:30 pm
Entry: $20.00 per person (pre booking essential)

Enquires please call 5425 3154

we’re taking part in the 2014 Kids Teaching Kids Program to Inspire Future Environmental Leaders

To find out more about Kids Teaching Kids visit www.kidsteachingkids.com.au
Tree planting day

On Tuesday the whole school planted trees in the wetlands. I saw 90 trees and I felt happy that we were planting them. The trees were called Banksia trees and Grevillea. The people that were teaching us to plant the trees had a special type of way. I felt scared that I would do it wrong but I didn’t. I heard people talking about the trees and how to plant them. There were three people in the group. Their names were Barbara, Clare and Wyn. The group was called Baynton Sidonia Land Care. I heard people saying good job to a lot of people. I was planting trees at first then I was working in the mulch. The mulch felt steamy hot.

By Reegan
Parenting the family underdog

As a parent it is important to be realistic about what each child can achieve

One of the unwritten laws of family-life is that talent and ability is unevenly distributed between siblings.

In most families there is one child who seems to have more than his or her fair share of ability. Everything some kids turn their hands to—whether schoolwork, sport and socialising— is done successfully and effortlessly.

If you have such a child then there is a fair bet that you will also have a child who struggles in the same areas. For these children achieving success takes more effort and concentration than it does for their sibling.

Just as it is easy for parents to marvel at the talented child, it’s frustrating and, at times, heart-breaking to watch your child struggle to attain even mediocre levels of success at school, in their sport or leisure activities.

It’s harder still when you know that no matter how hard your child tries they just can’t be as successful as their sibling who gets all the glory and accolades from relatives and friends.

As a parent it is important to be realistic about what each child can achieve so keep your expectations relative to their ability and maturity and avoid making comparisons between siblings.

Here are some ideas to keep in mind if you are parenting a child where success, at school, sport and other common childhood activities, just doesn’t come naturally.

1. **Be your child’s cheerleader.**
   Kids who have to work really hard to achieve need someone in their lives who is able boost their self-confidence, particularly when they are struggling. **Make a fuss over small successes so they can put up their chests every now and then.**

2. **Focus your comments on contribution, improvement and effort.**
   It’s difficult praising kids when the results aren’t there but you can always focus your comments on the processes of their activities such as their contribution to the team rather than kick the winning goal; improvements shown in reading or the effort they are making at art.

3. **Remember that persistence pays.**
   Children who persist to succeed are learning an important life lesson—that is, success in most endeavours takes effort. **Those kids who sail through their childhoods without raising a sweat can struggle when eventually they do have to work long and hard to succeed.**

4. **Help kids identify their strengths.**
   Kids are like niche marketers—they need to define themselves by their strengths. “I am a good reader,” “I’m sporty,” “I’m really good at art” are some of the labels kids will use. As they move into adolescence the number of options for success open up quite dramatically, so help them find one or two areas that they enjoy and can achieve success easily, even if it is not in areas that you value highly.

5. **Don’t put kids on pedestals for individual performance.**
   It is difficult living in the shadow of a superstar so avoid making a huge fuss over the achievements of a particular child—it can be hell for those who follow and know they can’t achieve similar levels. **Recognise results of any endeavour but balance that by focusing equally on their efforts as well.**

Raising kids who find life a breeze is easy. However parenting kids who take longer to mature, or kids that must put in 110% effort to achieve is challenging for any parent. Raising the family underdog requires parents to focus on kids’ strengths, be liberal with encouragement and have realistic but positive expectations for success.

Published by Michael Grose Presentations. All rights reserved.
For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au
While you are there subscribe to Happy Kids, Michael’s hugely popular email newsletter.