FROM THE ACTING PRINCIPAL

The Working Bee jobs are slowly being done. Thank you to those families who have done their job, it really does make a difference around the school. When you do your job please let us know so we can thank you! If you are unable to do your job please let us know as all of the jobs do need to be done and we will make other arrangements.

The Principal position interviews will take place this Thursday, with a decision being made some time around that day. As soon as the school is notified of the outcome, we will endeavour to let everyone know, via S.M.S. We would like to thank those School Council members who have given up their time to be part of the panel.

The School Review was scheduled for today, however our peers were unavailable and we have had to reschedule for December 5th. We continue to look forward to this process and to making goals for the future of this school.

The first Transition Day will take place tomorrow and the next one will be next Thursday. We are going to trial our new set up of working in an open classroom and we welcome our new prep student Jayden Smith. Some parents have asked about the new structure and how it will benefit their child, which is a fantastic question. We believe that the open class will allow all students to be taught at their point of need while offering very positive teacher student ratios. Depending on the available funds there will be three teachers to 21 students, as much of the time as possible. If you would like to discuss the implications for your child we would love to chat about it.

Gym has been going really well and our children are really excelling. They are using the practice time for the circus to push themselves and it is great to see so many of them achieving beautiful cart wheels, somersaults in the air and back flips. Please see our pictures on page 3.

Finally, a reminder to everyone that next Monday is Report Writing Day and a student-free day to allow teachers time to get their reports finalised.

Thanks,
Sally Gill, Acting Principal.

DATES TO REMEMBER

NOVEMBER
Thursday, 20th
JIGSAW with Alison
Prep Transition—9:00am—11:00am
Music Stars! (3:45pm and 4:15pm)
Friday, 21st
Playgroup—10:00am
Saturday, 22nd
Energy Breakthrough
Monday, 24th
REPORT WRITING DAY—NO SCHOOL
Tuesday, 25th
Due date—Book Club Orders & payment
GYM PROGRAM
Wednesday, 26th
Please support the SRC & bring a piece of fruit for the Sausage Sizzle
AASC—Handball

DECEMBER
Tuesday, 2nd
GYM PROGRAM
Wednesday, 3rd
School Council—4:00pm
Tuesday, 9th
Grade 6 Transition to Kyneton Secondary College
Tuesday, 16th
“Respectacular Circus—Together Forever”

ATTACHMENTS
⇒ Receipts for some families
⇒ Mia Mia Muster Information
⇒ Twilight Markets Information
⇒ Overdue MARC books
THANK YOU

😊 To Mr. Parkinson for making us new stilts. We now have twice as many.
😊 To Jodi Brophy for cooking the sausages and Sonia Vescovi for providing the fruit for the Sausage Sizzle today.
😊 To Ian Gunter and Kofi for putting up the picture of the hands.
😊 To the Patros family for trimming the tree over the sand pit.

SAUSAGE SIZZLE
The Sausage Sizzle is every Wednesday. Students can purchase a barbeque lunch for $3.00 (sausage in bread, drink and fruit). Extra sausages can be purchased for $1.00 each. There is no option to not have fruit or drink.

Prices per student are as follows:
1 sausage in bread + drink + fruit = $3.00
2 sausages in bread + drink + fruit = $4.00

Next week, the SRC are doing the cooking and all students are invited to bring along a piece of fruit to support the whole-school effort to raise funds for the World Vision child, Oscar. Thank you.

BOOK CLUB
A reminder that Book Club orders (with money enclosed) are due back at school by Tuesday, November 25th. If paying by cheque, please make it out to “Scholastic Australia”.

REQUEST FOR PLASTIC MILK BOTTLES:
Clean 1 litre milk bottles would still be appreciated for Art and Grade Prep-2 classes. Thank you!

SCHOOL LUNCH DAYS
We continue to encourage students to have healthy lunches at school. Foods such as salad sandwiches, wraps, salads and quiche are recommended as every day foods. Foods such as pies, sausage rolls and pizza are recommended as sometimes foods. The days for heating food for Term 2 are as follows:

Thursday - Food may be heated in the oven.
Friday – Toasties [School Captains will toast the children's sandwiches].

Please do not send foods that require boiling water to be added as this is a safety issue for staff and students. We are unable to microwave any food.
10 researched-backed tips for raising happy kids

Michael Grose

I have just returned from a research trip to the Yale Centre for Emotional Intelligence near New York. The Yale Centre is home of the RULER Program, the world’s best emotional intelligence program for children and families.

The thing that I love about the RULER Program is that it’s totally evidence-based. Its effectiveness is backed by mountains of scientific evidence, so credibility is assured. But that’s all I can tell you about the program now – you’ll just have to wait.

In the meantime, there are plenty of other evidence-based tips for parenting that I can share with you. Here are 10 research-backed tips for raising what most parents want: happy, successful kids.

1. Birth order matters
Birth order is something parents need to work with. If you disregard the birth order of your children you are overlooking a vital piece of your parenting puzzle. For instance, research has shown that eldest children tend to experience greater mental health problems, particularly anxiety, than children in any other birth position.

2. Positive peers matter
Recent research I was involved in demonstrated that the wellbeing of teenage girls is highly influenced by their peer groups. A positive peer group usually equated with high life satisfaction regardless of what other factors where at play.

3. Parent mental health matters
If you want happy kids then you need to get yourself happy. Parent anxiety and depression is linked to behavioural problems in kids; it also makes our parenting less effective.

4. Sibling relationships matter
Research shows that over the long haul healthy relationships makes kids happier. But how do you go about teaching kids to get on? Start by encouraging children to build small acts of kindness, which builds empathy.

5. Developmental matching matters
A number of studies have shown that much of what is considered ‘poor parenting’ has more to do with poor developmental matching. Put simply, parents who raise an eleven-year-old like they did their eight-year-old may find that conflict and resistance become their constant companions, and unhappiness accompanies their child.

6. Good parenting matters
Permissive, laissez faire, autocratic or authoritative parenting? The links between authoritative parenting (a mixture of firmness, warmth and family participation) and children’s happiness and wellbeing are well drawn.

7. Family dinners matter
Significant research links family strength and children’s wellbeing with regular family mealtimes. Importantly, there is a high correlation between teenagers who eat with their family at least five times a week and good mental health.

8. Fun matters
Researchers believe that the dramatic drop in unstructured play time is in part responsible for slowing kids’ cognitive and emotional development. Unstructured play helps children learn how to work in groups, to share, negotiate, resolve conflicts, regulate their emotions and behaviour, and speak up for themselves.

9. Helping others matters
The Positive Psychology movement know what they are talking about when they put volunteering at the forefront of an individual’s wellbeing. Helping others makes you happy over the long term.

10. Emotional intelligence matters
Emotional intelligence is a skill, not an inborn trait. Kids learn best when they have concrete tools to assist their learning, whether learning to read (books come in handy), playing sport (a ball and some goalposts helps) or learning to dance (some suitable music helps).
At Redesdale Mia Mia Primary School

Free entry

B.B.Q. dinner and Food and drink for sale

Gold coin for Midway games, open at 6.00pm on December the 16th

Show begins at 6.30pm
Sat 29th & Sun 30th NOV
mia mia rec reserve, “the flat”
Kyneton Heathcote rd, Mia Mia
FREE ENTRY FOR ALL! Donations welcome
Starts 9am each day
http://miamiamuster.weebly.com/
A COMMUNITY EVENT BRINGING THREE SEPARATE DOG ASSOCIATIONS TOGETHER
FOR A GREAT WEEKEND OF ENTERTAINMENT FOR ANYONE WHO LOVES DOGS.
catering by THE MIA MIA RURAL FIRE BRIGADE, all weekend, consisting
of a great variety of barbecued food, cold drinks and icy poles,
DOG HIGH JUMP EVENT, early afternoon, both sat & sun.
$5 entry per dog, trophy & $100 cash 1st prizes each day.
Runner up receives medal & $70, plus novelty prize for
Short legged dog, medal & $30 cash. each day
Anyone with any breed is welcome to enter.
A YARD DOG TRIAL in affiliation with THE VICTORIAN YARD,
UTILITY
AND FARM DOG ASSOCIATION, where some top little
Australian workers
Of the land will compete on a course
simulating sheep yard work on a farm all weekend.
FANTASTIC AGILITY DOG
DEMONSTRATIONS on Saturday
Run by THE BENDIGO OBEDIANCE DOG CLUB, see some
Great tricks performed by every day breeds of dogs.
THE ARENA TRIAL will be run in affiliation with THE VICTORIAN
WORKING SHEEP DOG ASSOCIATION, where some more top
Little workers of the land will compete working three sheep
Around the oval through various obstacles
FREE SITES FOR ARTS, CRAFTS OR LOCAL PRODUCE STALLS. NO
FOOD CATERING STALLS. ALL CATERING WILL BE DONE BY THE MIA MIA CFA.
Further enquires, dean & Fiona 0354 255574, grant & wendy 0354 255590